



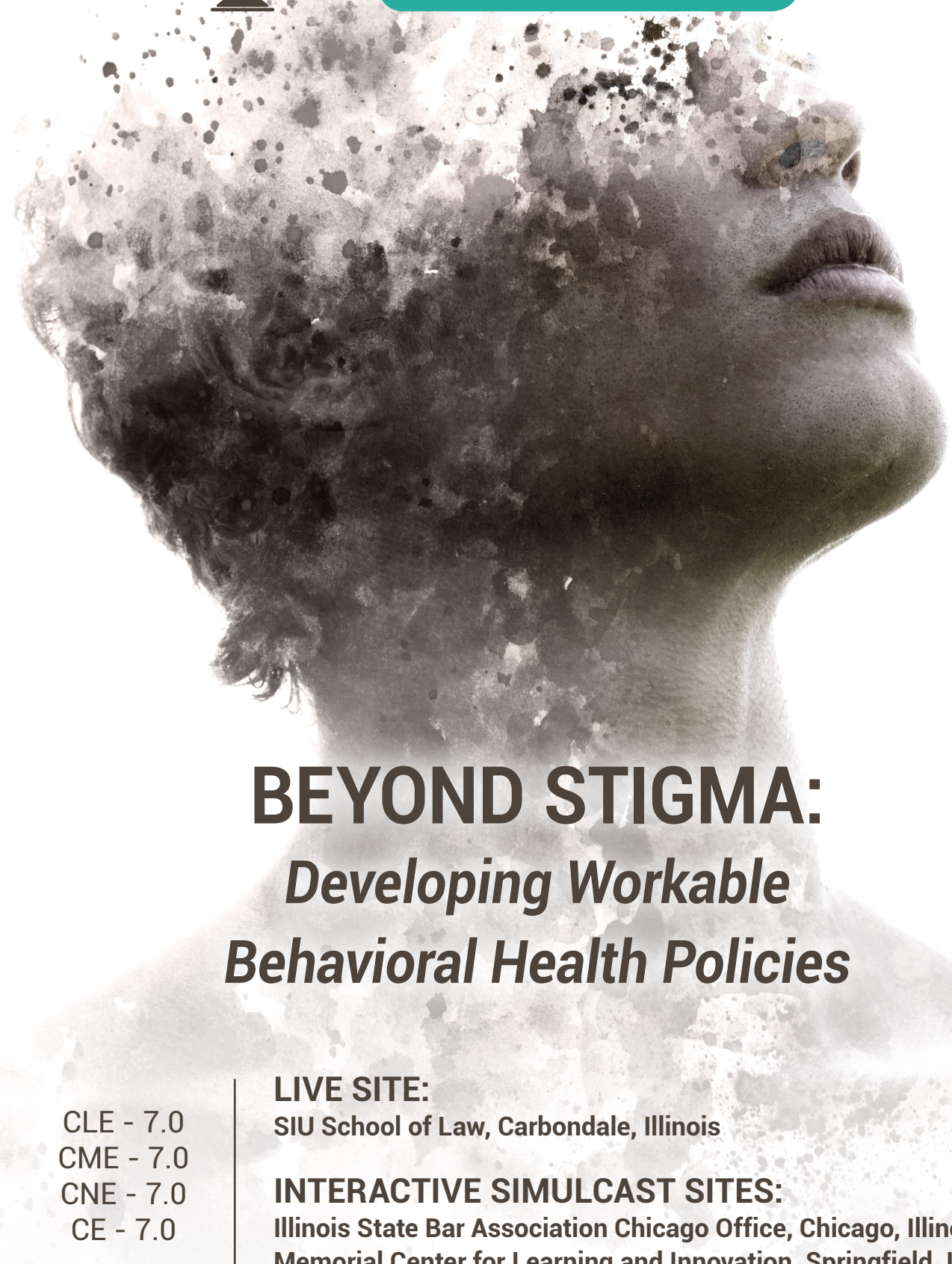
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20TH ANNUAL
SIH/SIU Health Policy Institute

MAY 17, 2019



REGISTER ONLINE BY MAY 10
<http://bit.ly/2019healthpolicyinstitute>

Accreditation

CME This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern Illinois University (SIU) School of Medicine, SIU School of Law and Southern Illinois Healthcare. The SIU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CNE The SIU School of Medicine designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SIU School of Medicine is preapproved as a continuing nursing education provider pursuant to Section 1300.130, subsection c), 1), B) and P) of the Illinois Department of Financial and Professional Regulation Nurse Practice Act. Nurses may receive a maximum of 7.0 contact hours for completing this activity.

CE SIU School of Medicine is a licensed provider for continuing education for social workers (license number 159-000106), clinical psychologists (license number 268-000008) and professional counselors/clinical counselors (license number 197-000073). This program offers a maximum of 7.0 CE hours.

CLE The SIU School of Law is accredited by the Minimum Continuing Legal Education Board of the Supreme Court of Illinois to provide continuing legal education for attorneys. The SIU School of Law designates this educational activity for a maximum of 7.0 hours of general MCLE credit, including 1.0 Professionalism credit, which has been applied for through MCLE. Attorneys should claim only those hours of credit spent in the live activity.

Disclosure Policy

It is the policy of SIU School of Medicine, Continuing Professional Development, to ensure balance, independence, objectivity, and scientific rigor in all its educational programs. All faculty participating are expected to disclose any real or apparent conflicts of interest

related to the content of this presentation so that such conflicts can be resolved during the planning process.

Intended Audience

This program is intended for physicians, nurses, psychologists, counselors, social workers, and other healthcare providers, healthcare administrators, attorneys, law enforcement, educators, academics, and students interested in health and health policy, as well as patient advocates.

Disability-Related Assistance

Individuals with disabilities are welcomed. Call 618/453-5738 to request accommodations.

Support

This program is supported, in part, by unrestricted educational grants from Southern Illinois Healthcare, the SIU School of Law, First Health Medical Provider Class represented by SL Chapman LLC, Meyer Capel, and Sandberg Phoenix & von Gontard P.C.



ILLINOIS STATE
BAR ASSOCIATION



**BEYOND STIGMA:
Developing Workable
Behavioral Health Policies**

CLE - 7.0
CME - 7.0
CNE - 7.0
CE - 7.0

LIVE SITE:

SIU School of Law, Carbondale, Illinois

INTERACTIVE SIMULCAST SITES:

Illinois State Bar Association Chicago Office, Chicago, Illinois
Memorial Center for Learning and Innovation, Springfield, Illinois

OVERVIEW

The prevalence of mental health conditions is on the rise, and suicide is the 10th leading cause of death in the United States. Nearly 45 million adults in America currently struggle with mental illness. But adults are not the only individuals impacted by these conditions. Behavioral health disorders also affect millions of children and adolescents.

Despite the growing numbers living with mental health challenges, more than half receive no treatment due to stigma, lack of insurance coverage, cost, and no access to providers. This care gap comes at a tremendous cost to both individuals and society through loss of life, homelessness, poverty, unemployment, crime, and physical health impacts. It harms our institutions and all sectors – from healthcare to education, and from prisons to workplaces.

To aid in identifying both the deficiencies and the solutions, the 2019 Southern Illinois Healthcare/Southern Illinois University Health Policy Institute seeks to create an informative and engaging forum aimed at addressing America's mounting mental health dilemma.

OBJECTIVES

At the conclusion of this educational program, participants will be able to:

1. Describe the scope and impact of mental illness on society, as well as the particularized impacts on marginalized populations;
2. Identify ethical issues, including autonomy, cultural perspectives, and stigma;
3. Comprehend how various solutions from the legal, policy, and treatment arenas feed into the creation of practical and effective strategies;
4. Be more self-aware of professional stresses and the need to seek assistance; and
5. Participate more effectually in dialogues related to behavioral health policies on the national, state, and local levels.

PRESENTERS



Tom Dart

Cook County Sheriff Tom Dart, JD, has dedicated his career to challenging injustice and bringing a thoughtful approach to public service. After serving

as a prosecutor and an Illinois state legislator, he ran for Cook County Sheriff in 2006, promising to bring his reformative vision to the role. Sheriff Dart has shined a national spotlight on the perils of the criminalization of mental illness. He has helped to fill the void left by mental health treatment centers closing in Chicago with necessary care and mental health treatment programs for those impacted by the criminal justice system, inside and outside of the jail. Sheriff Dart and his work were profiled in a CBS *60 Minutes* segment in 2017 that examined his innovative and reform-driven policies as a sheriff. In 2017, *Governing Magazine* named Sheriff Dart a Public Official of the Year, and *TIME Magazine* named him one of the 100 Most Influential People in the World in 2009.



Amy Swearer

Amy Swearer, JD, is a senior legal policy analyst at the Heritage Foundation's Edwin Meese III Center for Legal and Judicial Studies, where she

focuses on Second Amendment policy. She is the co-author of several recent Heritage Legal Memoranda analyzing the intersection of mental illness and firearm-related violence. Ms. Swearer received her bachelor's degree in criminal justice from the University of Nebraska and her law degree from the University of Nebraska College of Law.



Rahn K. Bailey

Rahn Kennedy Bailey, MD, FAPA, ACP, is a physician with two decades of caring for the mentally ill, treating the disenfranchised, advocating for

those without proper health insurance/fiscal support, and researching issues that lead to unnecessary violent death. He has served as Chairman of the Department of Psychiatry of Meharry Medical College, Wake Forest Medical School, and the National Medical Association. Throughout his career, he has served in a multitude of roles and settings, managed numerous multi-disciplinary professionals, and led organizations to increased productivity. Dr. Bailey's research efforts have included: psychotic disorders, depressive illness and bipolar mood disorder, forensic mental health topics, health disparities, healthcare reform, and violence. He has authored 60 peer-reviewed publications, published two books

and four book chapters, and given innumerable presentations. Dr. Bailey graduated from Morehouse College with honors and medical school at UTMB with research in hematology, did postgraduate work in Houston as the Chief Resident, and completed a fellowship in Forensic Medicine at Yale University.



Thomas P. Conley

Thomas P. Conley, JD, is a partner in the law firm of Saul Ewing Arnstein & Lehr, LLP, and practices in the firm's Business and Finance Department and

the Healthcare Practice Group. He concentrates on healthcare, government agencies, and regulatory compliance. Mr. Conley is a past president of the Illinois Association of Healthcare Attorneys, has chaired the Illinois State Bar Association's Health Care Section Council and the Chicago Bar Association's Health Care and Hospital Law Committee, and serves on the Illinois State Bar Association's Standing Committee on Legislation and on the American Society of Medical Association Counsel's Continuing Legal Education Committee. He is a graduate of DePaul University College of Law and Carleton College.



Elaine Cheung

Elaine Cheung, Ph.D., is an assistant professor in the Department of Medical Social Sciences at Northwestern University. She received a B.Sc.

in Human Development from Cornell University and an M.Sc./Ph.D. in social psychology from Northwestern University. Dr. Cheung also completed a National Science Foundation Social, Behavioral, and Economic Sciences postdoctoral fellowship in the Department of Medical Social Sciences at Northwestern University's Feinberg School of Medicine. Her research investigates the factors that promote psychological adjustment and empathy in the context of stress, as well as the development and implementation of psychosocial interventions for people coping with serious life stress.



lore m. dickey

lore m. dickey, Ph.D., LP, is a counseling psychologist at North Country HealthCare, a federally qualified health center in Bullhead City, AZ. His passion

for advocacy developed in childhood as a Girl Scout, and his career and life experiences that led to becoming a psychologist inform his work today. This is especially true of his having made a gender transition in 1999. He has taught more than 25 different courses, has 40

publications, and has presented in excess of 100 times throughout the world. He will receive the Distinguished Contribution to Psychology in the Public Interest Award (Early Career) in August at the American Psychological Association convention in Chicago. In 2016, he founded My Bandana Project, a suicide prevention program that aims to help transgender people remain connected to others as a means of preventing suicide attempts or completions.



Kanika Bell

Kanika Bell, Ph.D., is a licensed psychologist, specializing in clinical and forensic psychology. She received her undergraduate degree in psychology from

Spelman College and her master's and doctoral degrees in clinical psychology from Auburn University. Dr. Bell divides her professional time among all facets of clinical psychology, including: individual, couples and group therapy, clinical assessments and psychological evaluations, scholarly research, and consulting. She is co-owner of A.T.L. Psychotherapy and Consulting Services, L.L.C., in Atlanta, and her clinical interests involve children, adults and families affected by the legal system, adults coping with occupational stress, relationship counseling, and issues that impact women of color. Dr. Bell is also an associate professor in the Department of Psychology at Clark Atlanta University. Her current teaching interests are forensic psychology, the psychology of Black women, and cross-cultural psychology. Dr. Bell's research areas include: racial and gender identity development and the relationship between discrimination and psychiatric and physiological symptoms, the impact of viral videos of police shootings, and strategies toward optimal mental health for Black women. Her most recent project is a co-edited volume entitled *Black Women's Mental Health: Balancing Strength and Vulnerability*.



John Mundt

John Mundt, Ph.D., is a clinical psychologist whose professional focus has been on trauma and PTSD for nearly 30 years. Since 1996, he has been

the psychologist for the Jesse Brown VA Medical Center's acute-care day program, with an emphasis on both crisis-focused and longer-term treatment of PTSD stemming from combat, as well as other types of trauma. Dr. Mundt, a nationally known speaker and trainer, has presented on topics germane to trauma, veterans' mental health issues, and professional self-care. Dr. Mundt holds a Ph.D. in clinical psychology from the University of North Carolina at Chapel Hill.

PROGRAM

LIVE LOCATION: SIU School of Law, Carbondale, Illinois*

7:45 a.m. **Registration**
MEYER CAPEL – BREAKFAST SPONSOR

8:15 a.m. **Welcome and Introductions**

MORNING MODERATOR:

MARCI MOORE-CONNELLEY, MD, MBA
Senior Vice President/Chief Medical Officer
Southern Illinois Healthcare

8:30 a.m. **Addressing Mental Health: A Law Enforcement Perspective**
TOM DART, JD, Cook County Sheriff

9:30 a.m. **Mental Health and Firearms: Saving Lives Without Destroying the Second Amendment**
AMY SWEARER, JD, Senior Legal Policy Analyst
Edwin Meese III Center for Legal and Judicial Studies,
Heritage Foundation

10:30 a.m. **Break**

10:45 a.m. **Mental Health Disparities and Marginalized Populations**
RAHN K. BAILEY, MD, FAPA, ACP
Psychiatric Associates, P.A.

11:45 a.m. **Lunch and Panel Presentation**
SANDBERG PHOENIX & VON GONTARD, P.C. – LUNCH SPONSOR

LUNCH MODERATOR:

KEITH E. EMMONS, JD, Attorney
Meyer Capel

Beyond Survival: Burnout, Coping, and Wellbeing in Medicine

THOMAS P. CONLEY, JD, Partner
Saul Ewing Arnstein & Lehr, LLP

Lawyer Wellbeing and Physician Burnout: Recognition and Response

ELAINE CHEUNG, PH.D., Research Assistant Professor
Department of Medical Social Sciences,
Northwestern University

AFTERNOON MODERATOR:

W. EUGENE BASANTA, JD, SIH Professor of Law
Emeritus, Southern Illinois University

1:00 p.m. **Addressing a Public Health Crisis: Suicide in the Transgender Community**

LORE M. DICKEY, PH.D., LP
Behavioral Health Consultant
North Country HealthCare

2:00 p.m. **Correlates for Behavioral Wellbeing Among Women of Color**

KANIKA BELL, PH.D., LP, Associate Professor
and Psychologist, Clark Atlanta College and A.T.L.
Psychotherapy and Consulting Services, L.L.C.

3:00 p.m. **Break**

3:15 p.m. **Understanding Moral Injury, Treatment Failure, and Suicide in Combat Veterans**

JOHN MUNDT, PH.D., Clinical Psychologist
Jesse Brown VA Medical Center

4:15 p.m. **Evaluation**

4:30 p.m. **Adjournment**

* VIDEOCAST LOCATIONS: Illinois State Bar Association Chicago Office and the Memorial Center for Learning and Innovation, Springfield, Illinois